



Advanced Foot Mobilisation Techniques Level 2 Seminar

'Foot mobilisation and manipulation has a long history of clinical efficacy, the basics should be known by every podiatrist.'

www.latrobe.edu.au/podiatry/mobilmanip/maniphxtheory.html

This 1 day practical training will equip you with the advanced skills needed to deliver FMT to your biomechanical cases.

COURSE TECHNIQUES (Prone):

- STJ Mobilisations
- Anterior Calcaneal Manipulation
- Posterior Talar Mobilisation
- Lateral Navicular Manipulation
- Cuneiform:1st Metatarsal
- Cuneiform Mobilisations
- Cuboid Manipulation/Mobilisation
- Proximal Fibula Manipulation
- Knee Subluxations (W.E.T.)
- Impactor Method for Talus, Navicular, Cuneiforms, Cuboid & Metatarsals.

COURSE OBJECTIVES:

On completion of this course, participants will be able to:

- Accurately describe & palpate the individual bones and joint lines of the whole foot & ankle.
- Demonstrate & describe handling skills necessary to isolate the rearfoot, midfoot, forefoot, medial & lateral columns.
- Demonstrate & describe handling skills necessary to mobilise & manipulate every joint of the foot & ankle.
- Perform effective joint integrity testing of the foot & ankle.
- Perform advanced mobilisation & manipulation techniques of the foot & ankle.

Registrations are strictly limited to 22 participants.

Please register early.

Accredited for CPD points.

Further information: info@footandleg.net
www.footmobilisation.com

'Ted's wealth of knowledge is immense, but his generosity in sharing it is extraordinary.'
D. Fitzpatrick, Sydney.